Nile Perch Fillet

Nile Perch originates from a freshwater body (Lake Victoria) under purely natural fresh lake environments. Nile Perch is wild caught, firm, white and flaky, with low cholesterol levels, promoting good health. Often described as "a chef's delight," perch lends itself to creative culinary expression and can be substituted as a cost-effective option for Grouper, Red Snapper or Striped Bass. These fresh frozen fillets are versatile and practical, so give them a try as a blackboard feature!

CODE	Description	Pack
16260	NILE PERCH FILLET, FROZEN	13.23 lb case

